

ATU Mayo Sport Risk Assessment

Activity	GAA, Rugby, Soccer, Tag Rugby, Frisbee, Hurling, Football, Camogie, Athletics, Basketball, Volleyball, Badminton Cheerleading, Handball.
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Risk of Injury	Low Risk – No real medical attention required such as slight graze Medium Low Risk – Need for some assistance, athlete able to continue but may need something such as ice pack for relief Medium Risk – When an athlete requires more than ice treatment such as first aid equipment required for any cuts and bruises and treatment given by qualified first aider. High Risk – Need for external first aid such as ambulance services
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Hazard	Likelihood 1 Low – 10 High	Risk of Injury	Control Measures	Last know occurrence / expected number in last 12 months
Students accessing the centre/training grounds trip or fall when making their way to the training area.	2 / 10	LR	Parking and access to facilities are checked regularly to ensure no obstacles are a hazard.	Not occurred
Trips, Slips and falls without equipment	2/10	MLR	If no equipment is being used for an activity then the area will be checked for water or other slip hazards. Any bags etc will be stored in changing rooms.	January 2016 4 per annum

Trips, Slips and falls from equipment	3/10	MLR	Any equipment will be checked by the coach for safety. Equipment will be set up in accordance to the guidelines that they came with along with knowledge and experience on the safest practice. Students will be allowed to utilise the equipment if accompanied by a qualified coach.	Not occurred recently 2 per annum
Injuries during warm up, clashes, balls hitting other athletes etc	6/10	MR	Coaches will aim to ensure that players are supervised. Coaches will keep an eye on safe practice and stop any teams/athlete who may be warming up in an unsafe manner such as 'throwing a ball towards and group of people' or acting in a manner which is unsafe to others.	Not occurred 1 per annum
Evacuation	0.5/10	LR	Coaches to lead on any evacuation that is required and communicate with staff and athletes.	Not occurred 0 per annum
Leaving the facility	0.5/10	LR	Students are asked by the coach to leave the facility before the next groups time for training.	Not occurred 0 per annum
Injury resulting in banners, flags and speakers etc	0.5 / 10	LR	Students pulling on the banners, flags and speaker stands resulting in various injuries. Warnings will be given to students on such equipment and safe practice. Where possible speaker stands will be kept out of the way and 'coned' off.	Not occurred 0 per annum
Injury resulting from Equipment/faulty equipment/incorrect equipment (general)	3/10	MR	All equipment is checked by sports office and coaches , equipment replaced if deemed unsafe, equipment used is appropriate for age related activities.	Not occurred 0 per annum

Activity Specific	FIELD SPORTS	
Venues	ATU Mayo Pitch & other rented facilities	Last know occurrence / expected number in last 12 months

Trips, falls and injuries from facilities	1/10	LR	Players and staff given a briefing of the facility and the venue. No boots to be worn indoors to prevent slippage. Area to be checked prior to the event taking place to ensure that the facility meets a good standard. Pitches to be marked out with enough run off to prevent collisions with the main posts	Not occurred 0 per annum
Injuries caused from balls, hurls and other players	1/10	LR	All players will be aware of the risks and the games will be managed by the officials who have appropriate level of skills required to referee and conduct safe practice of the game. Injuries from collisions will be accidental but are part of the nature of the sports. First aid is available for players who are injured with the ambulance being called for any serious injuries. Coaches present have undertaken first aid courses.	No occurred 8 per annum
Injuries from equipment	1/10	LR	Balls to the face, issues of fingers being caught from the ball etc, strike of a hurl etc First aid will be provided when this happens.	Not occurred 6 per annum
Exhaustion, dehydration and sun stroke	1/10	LR	Space is provided in the club house to take a break from the sun and drinks are available for players to access if they require fluid.	Not occurred 0 per annum
Injuries from playing game	2/10	LR	Any over aggressive behaviour will be monitored by officials with potential for removal of offending players. Any injuries sustained from falling/diving to floor will receive first aid treatment	Oct 2016 1 per annum