

Windsurf Club Code of Conduct

1. Club Use of University Equipment

1.1 Use of University Equipment

Equipment is <u>only available to</u> students who are members of the ATU Windsurfing Club, to ensure members can practice the sport safely. A windsurfing Instructor must be present for all club session and NGB ratios must be adhered too. All students must observe the 'less than 3 should never be' rule for windsurfing activities. When using university equipment students must perform pre-sessions checks to ensure all equipment is in good working order. If the equipment is damaged/unsafe it must be reported to Allan McGee immediately on return to campus. When using university equipment members must wear a wet suit, buoyancy aid and footwear at all times.

1.2 Safety / Maintenance of kit

All kit will be safety checked at the beginning of each semester. Equipment check to be carried out by windsurfing committee and report submitted to Allan McGee. The club in co-operation with Allan McGee will repair any equipment that is damaged/unsafe before allowing it to be reused again. Kit will also be safety checked at the begging of sessions by each participant.

1.3 Storage of equipment

After each session equipment must be stored correctly in the trailer, to ensure it remains in a safe working order.

2. Environment

2.1 Location/Venue

The venue for all windsurfing activities will be Keel Lake, students are not permitted to use gear at other venues, without the prior approval of the Outdoor Education Course Board and Sports Officer.

2.2 Weather

Weather checks done using http://www.met.ie. The most recent forecast is required before embarking on an activity. The use of more than one forecast is required. E.g. WindGuru, Windy

3. Personal Riding

4.2 Guidelines to Personal Riding:

- Check you equipment thoroughly before windsurfing.
- Participants are required wear the following safety equipment: 1) Wet suit. 2) Buoyancy aid 3) Booties (foot protection)
- Participants should ride in numbers of 3 and above (use the buddy system whereby people pair up and watch out for each other). Students are not permitted to ride alone.
- Participants must check local weather conditions before riding and understand how they might affect the riding area. Be sure you can handle the prevailing weather conditions.
- All riders must be familiar with rescue signals and self-rescue manoeuvres.
- One member of the group must have a current REC 3 certificate and have a first aid kit and emergency shelter at all session.

4.3 Rules of the road:

WINDSURF

- Port tack gives way to starboard tack. Port tack is when the wind blows onto the port (left) side of the board and rig. Starboard tack is when the wind blows onto the starboard (right) side of the board and rig.
- Windward board keeps clear of leeward board. When two boards or boats are on a collision course on the same tack, the one closer to where the wind is coming from must give way to the one downwind. This means that a board sailing on a reach must avoid a board that is beating to windward on the same tack.
- An overtaking board must keep clear. If you are going faster than another board or boat, you must keep well clear while going past. Basically, if you are overtaking anything, you must keep clear of it until you are well past and out of its way.

4.4 Guidelines to setting up, Launching and Landing:

WINDSURF

- Take care when carrying setup to and from the launch area so that you do not collide with other users (Special care should be taken in strong wind as the board and sail become hard to carry)
- Ensure equipment is secure when left on the launch site

The golden rule: Apply Common Sense!